

HEALTHY KIDS CAMPS 2012

For generations, YMCA Camps have provided children with rewarding experiences and a lifetime of memories. Y Healthy Kids Camps are more than just something to do... At camp, we are committed to providing children with a healthy spirit, mind and body! We create opportunities for kids to build relationships that last a lifetime! It begins with quality leadership that is committed first to the physical and emotional safety of your child, and then is devoted to developing the positive values of caring, honesty, respect, and responsibility in every child.



CLUB WANNAGO AGES 5-12

Offering new experiences, skill building, a sense of community and lasting friendships. Club Wannago takes place at different school settings throughout Dane County and allows campers to return home each afternoon. Days are spent in counselor-led groups of 10-15 children with a healthy kids curriculum that includes: arts & crafts, cooking, science, swimming, service learning, character development, conflict resolution and field trips.



DISCOVERY DAY CAMP AGES 5-12

Summer day camp, like many Y programs, is about learning skills, developing character, making friends with a focus on youth development and healthy living. But few environments are as special as camp, where kids become a community as they learn both how to be more independent and how to contribute to a group as they engage in physical, social and educational activities. Our summer day camps teach self-reliance, a love for nature and the outdoors, and the development of attitudes and practices that build character and leadership.



SPORTS SPECTACULAR AGES 5-12

Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out. Go on a different field trip every day! Kids can have fun the week between summer camps and the beginning of school. Sign up for as many days as you'd like. August 20-24.



SPORTS CAMP AGES 7-12

The goal of Sports Camp is to help participants improve their interest in specific sports along with their physical fitness levels using dynamic movement activities in a fun and non intimidating atmosphere. Interactive games, cardiovascular equipment and strength training equipment will be utilized to achieve your child's fitness goals. Nutritional guidance will be provided and participants are encouraged to bring healthy lunches and snacks daily. Offered: baseball/softball, basketball, field hockey, floor hockey, golf, soccer, bocce ball, tennis, volleyball, football, frisbee/ frisbee golf, badminton, track-n-field, team building activities, biking, skate boarding, swimming and weekly field trips.



SAY
HELLO
TO SUMMER





TEEN EXTREME AGES 11-15

Teen Extreme is a place where teens will be motivated to get up and start moving in fun filled ways. Camps will take place at different locations throughout Dane County. While each camp has its own distinct personality, all camps offer weekly themes with activities designed to meet the diverse interests of teens with the goal of making new friends, building self-esteem, focusing on youth development and healthy living. Multiple weekly fieldtrips and swimming are included at no additional cost.



LEADERS IN TRAINING AGES 14-17

The LIT program is a leadership development program. It is a mentoring program. It is an introductory training for young people that covers the basic skills needed to deal effectively with groups of children and addresses program planning, group work, organization, safety awareness, leadership skills, and motivation. LIT's are expected to model the YMCA core values, honesty, respect, responsibility, and caring at all times, as well as be a positive role model for the campers they work with. All LIT's will spend one week learning what it means to be a counselor and two weeks working side-by-side with our staff members and have responsibilities for managing group behavior, leading activities, and supporting the staff.



This is **NOT** a school sponsored activity and the Madison Metropolitan, Monona Grove and Sun Prairie/DeForest, Verona, Oregon, Windsor School Districts do not approve, support, supervise, or endorse this program/activity.

"If you positively impact one child and they get a sense of self and confidence and even just happiness, and they bring that back to their family and their school, camp can affect millions of people."
- Y Camp Counselor



LOOKING FOR PART-TIME SUMMER PROGRAMMING?
Check out our Healthy Kids Summer Clinics in our program guide!

ATTEND OUR CAMP FAIR

APRIL 28, 2012



EMAIL COMMUNICATIONS

Receive periodic emails from the YMCA about events, activities and schedules that interest you. Your email address will be kept confidential. To begin receiving updates simply email marketing@ymcadanecounty.org or visit our website!



YMCA OF DANE COUNTY, INC.
www.ymcadanecounty.org

Lussier Family East YMCA
608 221 1571

Northeast YMCA
608 837 8221

Lussier Family West YMCA
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YMCA Child Care
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