



# Summer - 2010 Main Gym Schedule

June 14 - August 22

**OPEN** Any member or guest may use the gym. Please be considerate of small children. Games limited to one basket.

**ADULT BASKETBALL** Open basketball games for adult (18+) members or guests except where noted for members only.

**FAMILY GYM** Open gym for YMCA families or guest families. Children must be accompanied by an adult.

**FRIDAY NIGHT HOOPS** 1st, 2nd & 3rd Friday of the month grade 5-12. 9:30-12:00 midnight.

### West YMCA Gym Rules

- No dunking on the baskets. YMCA employees have the right to eject anyone seen dunking.
- Full court basketball games are limited to adult basketball and Midnight Hoops.
- No horseplay, running, shoving, or dunking.
- No food or drink in the gym.
- Hoops are lowered only during class, leagues and during times when a YMCA supervisor is assigned to the gym.
- The gym schedule attempts to give all age groups and activities as much time as possible.
- Everyone is expected to comply with this schedule.
- No foul or abusive language will be tolerated.

Revised 6/8/10

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-5:30	ADULT Basketball	OPEN	ADULT Basketball	OPEN	ADULT Basketball	Building Open 6:00am	Building Open 9:00am
5:30-5:45							
6:00-6:15	Camp	Camp	OPEN	Camp	OPEN	OPEN	OPEN
6:15-6:30							
6:30-6:45	Child Watch	Camp	MCH	Camp	OPEN	OPEN	OPEN
6:45-7:00							
7:00-7:15	OPEN	Camp	ADULT Basketball Members Only	Camp	ADULT Basketball Members Only	OPEN	OPEN
7:15-7:30							
7:30-7:45	ADULT Basketball Members Only	Camp	ADULT Basketball Members Only	Camp	ADULT Basketball Members Only	OPEN	OPEN
7:45-8:00							
8:00-8:15	CAMP	CAMP	CAMP	CAMP	CAMP	OPEN	OPEN
8:15-8:30							
8:30-8:45	Rookies Basketball	Rookies Basketball	OPEN	Rookies Basketball	OPEN	OPEN	OPEN
8:45-9:00							
9:00-9:15	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
9:15-9:30							
9:30-9:45	Girls Open Gym	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
10:00-10:30							

**Building Closes at 7:00**  
**4th of JULY**  
 Sunday, July 4  
 Open 9am - 5pm

**Please Note:**  
 All fees, rates, and schedules are subject to change without advanced notice.

5:15-5:30  
5:30-5:45  
5:45-6:00  
6:00-6:15  
6:15-6:30  
6:30-6:45  
6:45-7:00  
7:00-7:15  
7:15-7:30  
7:30-7:45  
7:45-8:00  
8:00-8:15  
8:15-8:30  
8:30-8:45  
8:45-9:00  
9:00-9:15  
9:15-9:30  
9:30-9:45  
9:45-10:00  
10:00-10:30