



Summer - 2010 Gym Schedule June 14 - August 22

OPEN Any member or guest may use the gym. Members only after 3:00pm Monday - Friday and all day Saturday and Sunday. Be considerate of small children. Full court basketball will be determined by staff.

ADULT OPEN Open Pick-Up Games for Adults, in hockey, basketball. Members only after 3:00pm Monday-Friday and weekends.

FAMILY PRIME TIME Open gym for YMCA "family" members. Children must be accompanied by an adult.

CLASS No gym access in areas designated as "class."

East YMCA Gym Rules

- No dunking on the baskets. YMCA employees have the right to eject anyone seen dunking.
- Full court basketball games are limited to adult basketball and Midnight Hoops.
- No horseplay, running, shoving, or dunking.
- No food or drink in the gym.
- Hoops are lowered only during class, leagues and during times when a YMCA supervisor is assigned to the gym.
- The gym schedule attempts to give all age groups and activities as much time as possible.
- Everyone is expected to comply with this schedule.
- No foul or abusive language will be tolerated.

Please Note:

All fees, rates, and schedules are subject to change without advanced notice.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-5:30	OPEN	OPEN	OPEN	OPEN	OPEN	Building Open 6:00am	
5:30-5:45							
5:45-6:00							
6:00-6:15							
6:15-6:30	18 or Older Open Sports Monday/Wednesday/Friday-Floor Hockey Tuesday/Thursday-Basketball					18 or Older Open Basketball Members Only	
6:30-6:45							
6:45-7:00	OPEN	OPEN	OPEN	OPEN	OPEN		
7:00-7:15							
7:15-7:30							
7:30-7:45							
7:45-8:00							
8:00-8:15							
8:15-8:30							
8:30-8:45							Building Open 9:00am
8:45-9:00	OPEN*	OPEN*	OPEN*	OPEN*	OPEN*		
9:00-9:15							
9:15-9:30							
9:30-9:45	*Sports Camp 6/28 - 7/2, 7/5 - 7/9, 7/12 - 7/16 & 7/19 - 7/23	*Sports Camp 6/28 - 7/2, 7/5 - 7/9, 7/12 - 7/16 & 7/19 - 7/23	*Sports Camp 6/28 - 7/2, 7/5 - 7/9, 7/12 - 7/16 & 7/19 - 7/23	*Sports Camp 6/28 - 7/2, 7/5 - 7/9, 7/12 - 7/16 & 7/19 - 7/23	*Sports Camp 6/28 - 7/2, 7/5 - 7/9, 7/12 - 7/16 & 7/19 - 7/23		
10:00-10:15							
10:15-10:30							
10:30-10:45							
10:45-11:00						OPEN	OPEN Members Only
11:00-11:15							
11:15-11:30							
11:30-11:45	18 or Older Open Basketball	CLASS	18 or Older Open Basketball	CLASS	18 or Older Open Basketball		
11:45-12:00							
12:00-12:15							
12:15-12:30							
12:30-12:45							
1:00-1:15							
1:15-1:30							
1:30-1:45							
1:45-2:00	OPEN	OPEN	OPEN	OPEN			
2:00-2:15							
2:15-2:30							
2:30-2:45							
2:45-3:00							
3:00-3:15	Members Only After 3:00pm	Members Only After 3:00pm	Members Only After 3:00pm	Members Only After 3:00pm	Members Only After 3:00pm		
3:15-3:30							
3:30-3:45							
3:45-4:00							
4:00-4:15							
4:15-4:30							
4:30-4:45							
4:45-5:00							
5:00-5:15							
5:15-5:30	OPEN Members Only	OPEN Members Only	OPEN Members Only	OPEN Members Only			
5:30-5:45							
5:45-6:00							
6:00-6:15					SET-UP		
6:15-6:30							
6:30-6:45							
6:45-7:00							
7:00-7:15							
7:15-7:30							
7:30-7:45							
7:45-8:00							
8:00-8:15							
8:15-8:30							
8:30-8:45							
8:45-9:00							
9:00-9:15	16 or Older Open Basketball Members Only		16 or Older Open Basketball Members Only				
9:15-9:30							
9:30-9:45							
10:00-10:30							

Gym and YMCA Close @ 7pm

4th of JULY
Sunday, July 4
Open 9am - 5pm

Members Only after 3:00pm
Monday-Friday and all day
Saturday and Sunday.

REVISED 6/2/10

Gym and YMCA close at 10:30pm

* Sports Camp will be held in the gym during these dates - June 29-July 2 / July 5-9 / July 12-16 & July 19-23 from 8:15am - 11am
* In case of bad weather Sport Camp will be moved into the gym Monday - Friday, June 14 - Aug 20 from 8:15am - 11am