PRESCHOOL SPORTS

Fitness Fun

Your child stays FIT while having FUN! Our introduction to age appropriate games encourages physical fitness, gross-motor skills development, teamwork and following directions. Our activities include: fun with hoops, balls, bean bags, scooters, obstacle courses and MORE! Don't forget the joy of parachute fun!

West

F	Ages 2-5	10:00-10:45am
		M $51 P $101

Gymnastics I

Improve coordination, develop flexibility, increase strength, and have FUN with elements of gymnastics.

East

T	Ages 3-4	10:45-11:30am
T	Ages 4-5	11:30am-12:15pm

Northeast

T	Ages 3-5	5:30-6:00pm
T	Ages 3-5	6:00-6:30pm
TH	Ages 3-5	10:15-10:45am

West

M	Ages 31/2-5	9:00-9:30am
		M $36 P $72

Gymnastics II

Prerequisites: Gymnastics I or Instructors' recommendation. Build upon the basic form and fundamentals of gymnastics. Must demonstrate the ability to complete and understand forward rolls to stand position, balance beam skills, kick to headstand and core strength.

West

M	Ages 4-5	9:30-10:15am
		M $51 P $101

Kiddie Bumper Bowling

Learn to bowl with the help of bumpers. Emphasis on fun! Parents are encouraged to help. Starts Sept. 10 for 9 weeks. Additional $2.25 weekly lane fee. Please come 5 minutes before game. Deadline Sept. 8. 1 game.

Northeast-Prairie Lanes, Sun Prairie

F	Ages 4-6	4:00pm
		M $21 P $37

Little Sluggers T-Ball League

This recreational league is designed to get your "little slugger" excited about t-ball. Your child will be taught the fundamentals of t-ball while emphasizing teamwork and fun! Game time rotates weekly. There will be 2 weeks of practice followed by 5 weeks of games. Volunteer coaches needed! Rosters and schedules mailed out the week before the program starts.

East-East YMCA Field

TH	Ages 4-6	5:00/5:45pm

Northeast -Northside Elementary School

T	Ages 4-6	5:00/5:45pm

West-Huegel Jamestown Park

T	Ages 4-6	5:00/5:45pm
		Fall I only M $25 P $50

Little Kickers Soccer League

This recreational league is designed to get your "little kicker" excited about soccer. Your child will be taught the fundamentals of soccer while emphasizing teamwork and fun! Times will rotate weekly. Rosters and schedules are mailed out the week before the program starts. There will be 2 weeks of practice. Remaining 5 weeks will consist of 20 minutes of practice followed by 30 minutes of games. T-shirt included.

East-YMCA Field
Northeast-Northside School, Sun Prairie
West-Odana School Park

East

T	Ages 4-6	5:00/6:00pm

Northeast/West

W	Ages 4-6	5:00/6:00pm
		Fall I only M $25 P $50

Rookies Indoor Soccer

Programs teach skills through drills and scrimmage play. This exciting class allows for smaller teams and more one-on-one attention.

West

M	Ages 4-5	3:30-4:15pm
M	Ages 6-7	4:15-5:00pm
		Fall II only M $30 P $55

Drop-In Gym Class

This class allows children to explore a variety of equipment including balls, scooters, slides, balance beams, and tumbling apparatus. Each hour concludes with short group activities and Parachute Play! Our "drop-in" format fits the needs of daycare providers and parents/guardians. Simply register at the front desk and attend with your child(ren) whenever your schedule allows!

East **Fall II only**

F	Ages walkers-5	9:30-10:30am

Northeast

T/TH	Ages walkers-5	10:00-11:00am

West

W	Ages walkers-5	10:00-11:00am
		Drop-in M $4 P $8

Rookies Floor Hockey

Instructors teach skills through fun games and scrimmage play. This exciting class allows for smaller teams and more one-on-one attention.

East

W	Ages 4-5	4:00-4:45pm
W	Ages 6-7	4:45-5:30pm
		Fall II only M $35 P $70