

FAMILY PROGRAMS

Birthday Party

Two hour Birthday Party includes room rental and pool admission for 12. **East hours:** Friday 7:00-9:00pm, Saturday from 1:00-3:00pm or 3:30-5:30pm, and Sunday 1:30-3:45pm. **Northeast hours:** Friday 7:00-9:00pm, and Saturday/Sunday from 1:30-3:45pm. **West hours:** Fridays 6:30-8:45pm, and Saturday/Sunday 1:30-3:45pm. Call to schedule!

East / Northeast / West

| | | | |
|----------|--------------|--------|---------|
| Saturday | Basic Party | M \$55 | P \$95 |
| | Deluxe Party | M \$98 | P \$155 |

East / Northeast

| | | | |
|--|--------------|---------|---------|
| Friday/Sunday (includes inflatable) | Basic Party | M \$70 | P \$110 |
| | Deluxe Party | M \$115 | P \$170 |

West

| | | | |
|------------------------------|---------------|---------|---------|
| Friday (includes inflatable) | Basic Party | M \$70 | P \$110 |
| | Deluxe Party | M \$115 | P \$170 |
| Saturday/Sunday | Supreme Party | M \$160 | P \$210 |

Family Healthy Cooking

Make cooking a healthy, fun, family experience!

East

| | | | |
|----|----------|--------|------------------|
| SU | All Ages | Studio | 1:30-3:00pm |
| | | | *M \$50 *P \$100 |
| | | | *per person |

Family Prime Time

Families can take advantage of open swim, basketball, and kids obstacle course equipment in the gym. At the West YMCA, Open Swim begins at 6:30pm.

East / Northeast / West

| | |
|---------|-------------|
| Fridays | 6:30-8:30pm |
|---------|-------------|

East / Northeast

| | |
|---------|-------------|
| Sundays | 1:30-3:30pm |
|---------|-------------|

Famous Footwear

Proud sponsor of Family Prime Time.

Family Yoga

Fun for the whole family while improving flexibility, strength and posture through yoga poses, breathing, and relaxation.

East

| | | | |
|----|----------|--------|-----------------|
| SU | All Ages | Studio | 3:30-4:15pm |
| | | | *M \$38 *P \$74 |
| | | | *per person |

Log Rolling

This century's old talent of walking on a log has evolved into a fun and exciting sport. Attempt to roll your counterpart off the log and into the water. Must be able to swim 25 yards continuously to ensure class safety.

East

| | | |
|---|----------|-------------|
| W | All ages | 6:30-7:15pm |
|---|----------|-------------|

Northeast

| | | |
|----|----------|-------------|
| TH | All ages | 7:30-8:15pm |
|----|----------|-------------|

West

| | | |
|---|----------|----------------|
| W | All ages | 7:30-8:15pm |
| | | M \$50 P \$100 |

JUNE

Member Appreciation Party

Thanks for being a member. Join other YMCA staff and members for a "kick-off to summer" appreciation Bar-B-Que. Bring your appetite! Sign up now.

East / Northeast / West

| | |
|-----------------|-------------|
| Friday, June 25 | 5:30-8:00pm |
| | M Free |

Kids Mini-Triathlon

Northeast - Proceeds benefit YGive

Swim in the pool, bike around the block, and run in the parking lot. So come on, give it a TRI!! Don't forget your bike!

| | | | |
|------------------|--------|-------|--------|
| Friday June 25th | 6:00pm | M \$5 | P \$10 |
|------------------|--------|-------|--------|

4 Heats: Preschoolers (walkers through age 4)

Grades K-2

Grades 3-5

Grades 6-8

JULY

Ice Cream Social

Join us for a mid-summer treat!

East / Northeast / West

| | |
|----------------|-------------|
| Friday, July 9 | 6:30-8:00pm |
| | M Free |

AUGUST

Friday Movie Night

Bring your sleeping bag, pillow and wear your PJ's. Snuggle in for a family movie!

East / Northeast / West

| | |
|------------------|-------------|
| Friday, August 6 | 6:30-8:00pm |
| | M Free |



Sign up for YMCA e-newsletters!

Go to www.ymcadanecounty.org to sign up.

Keep up with the latest ymca member news, new programs and special events!

Become a Frequent Y'er!

Come in frequently throughout the summer and earn free gifts - just for having fun at the Y!

